## **Testimonial**

## Roy Dempster COPD / Sleep

## September 2014

First of all I would like to say thank you for such a wonderful machine. I must say I was very sceptical of how much this technology could do after reading up on what people said in their letters, both from Airnergy which I first looked at, until I found out the price of their machines to be 8 times the price of the SoeMac and your machine seemed far easier to use.

So it was worth giving it a try and I could get my money back if it didn't work within four weeks, so what did I have to lose but a little time. Anyway it so happens that I don't want my money back as it's been four weeks now and your machine as proved itself and I'm so pleased with the results that I don't mind telling you all about them.

I'm 58 and have been a heavy smoker for 40 years and still am, so to say I am worried about the future state of my lungs and general health is a bit of an understatement. I have tried to stop smoking lots of times and failed miserably and although I am still hopeful, my general health (as with most folks my age) is starting to deteriorate far more rapidly. Lungs, energy, sleep, joints, etc.

The first thing I noticed about the SoeMac is the quality of sleep I get and being a bit of an insomniac at times this in itself is worth its money, I sleep well and wake up refreshed and feel alert ready to start the day. I no longer worry about the amount of sleep I get, because I feel so much better for it. The first few days I felt light headed as though I was getting more oxygen to my brain but this wore off, as did the really bad smell from my bum as though it was detoxifying my stomach, which I can only put down to switching on the machine because this had not happened for years. Other than that I have not had any adverse side effects.

Next I noticed that the mucus on my lungs started to loosen up and I was able to clear my chest better when coughing. This has continued to improve. I cough far less than I used too and the mucus build up seems all but gone, even though I still smoke my Lungs feel clearer than they have been in years, the tightness in my chest is no long there, instead they feel repaired and flexible again. I tested my running distance before getting out of breath and can go twice as far as I used too and recover a lot quicker with less effort. The extra oxygen I seem to be getting is making a big difference to my energy levels throughout the day for some reason.

Other little things I have noticed starting to happen. My sense of smell is improved, my mind seems shaper as though I am thinking more clearly, although I don't understand why. I have not had acid indigestion since using the SoeMac which had started to become a problem in the night sitting up and taking Rennies is now a thing of the past. The joints in my hands are noticeably feeling more flexible which when winter comes I will see if they have improved as they stiffen up in the cold. I am no longer sceptical about what your machine can do, and look forward to any other health improvements I may benefit from by using it in the future, for now I can only say thank you and join all the other letters of recommendation as to the extra quality of life and health benefits the SoeMac provides.