

## **Testimonial**

**Andrew Norton**  
**COPD / Diabetes**

**February 2015**

This is what happened to me and how the SoeMac has changed my life.

I joined the Coldstream Guards in 1962 AS 23929889 GDSM A. Norton GM 2nd Battalion. When in Aden on 24th October 1964, I was blown up on a MK7 Anti Tank Mine with 3 Mortar Bombs under it. It took my Officer's left leg off above the knee. I suffered burns and sand blasting to most of my body. Most explosives are poisons when exploded. They form compounds that get in your lungs and over the years my lungs have grown worse. I was awarded the George Medal, as at that time Aden was a protectorate. On return to the UK, I was made man of the year, along with Jim Clarke and Donald Campbell.

I have good knowledge of health issues, as I was a Paramedic with the London Ambulance Service for 25 years. Over the years I got worse until in 2008 I was discharged with lungs and back problems. My back was just an ache, but my breathing was now very bad. I could not sleep because I could not breathe properly. Then a specialist diagnosed me with COPD, and from then on I went to Casualty on a regular basis. In 2013, I was really dying to tell the truth and spent most of my time in bed as I was chronically fatigued, as I was not getting enough oxygen.

Then I got the SoeMac, and within 5 weeks I was out of bed living a normal life. I am 74 and am now as active as when I was in the Forces, in my 20's. Thanks to SoeMac. I owe my life to this man and his company.

My health is now as it should be. Thank you Neil, I was in such a bad state, I know I had not got long to live.

### **Additional notes:**

When I spoke with Andrew he mentioned a number of other health improvements, including weight loss, his diabetes is much less severe, his cholesterol levels are dramatically reduced and down to 4.6, and his general sense of wellbeing and positivity are better than he can ever remember. My summation of all of this is that the SoeMac has given Andrew's body a chance to self-regulate and perform all of the tasks that it was designed to do, and it is now functioning again.

NS

### **Update – August 2015:**

Andrew called me for a chat, and told me his diabetes readings have continued to reduce, and his doctor and nurse, are just amazed. At the beginning of the year, the reading was 13.5, whereas the average reading last week was just 5.3. His breathing is great, and he has the energy of old ! In fact he told me he has stopped taking all of his medications. Wow !